



**Ravenswood**

CO-CURRICULAR  
PROGRAM  
2021





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*All information contained within this publication is subject to change in line with current NSW Government COVID-19 pandemic Health Orders.*

## RAVENSWOOD SCHOOL FOR GIRLS

A UNITING CHURCH SCHOOL FOR GIRLS K-12,  
BOARDING FROM YEAR 7







## Welcome to the Ravenswood Co-curricular Program

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At Ravenswood, we offer rich learning experiences both within and beyond the classroom. We believe that participating in co-curricular activities complements students' academic study and maximises their potential. Co-curricular activities allow each student to pursue her interests, whilst developing important teamwork, leadership and problem-solving skills, while mixing with like-minded peers.

The principles of Positive Education focus on educating the whole child with an emphasis on the development of general wellbeing. Participating in co-curricular activities supports our belief in a holistic education. By encouraging girls to challenge themselves through grit,

determination and commitment, they will flourish and perform at their best in every aspect of their lives.

Our extensive Co-curricular Program offers opportunities for all students to be involved in areas as diverse as Performing Arts, Sport, Visual Arts, Cadets, Languages and Technology. Through this broad range of offerings, each student's creative, physical and social abilities can be nurtured.

We encourage your daughter to extend her Ravenswood experience and enjoy one or more of the many co-curricular activities available.

**Mrs Anne Johnstone**

Principal, Ravenswood School for Girls







## Cadets

Ravenswood students have the opportunity to join the Knox Grammar School Army Cadet Unit in Term 4 of Year 8 and may continue with the Program until Term 2 of Year 12. Ravenswood is the first girls' school on Sydney's North Shore to offer Cadets. The Program, which first commenced in 2011, has approximately 300 Ravenswood students in the 1200 strong unit, with a number of our students holding senior leadership positions.

Cadets is just one example of Ravenswood partnering with boys' schools to deliver single-sex education in a contemporary

way. Ravenswood maintains the integrity of a girls' school and continues to advocate girls' education in a single-sex environment, while at the same time, providing students the opportunity to develop the skills to work and socialise alongside boys.

Being involved in Cadets encourages service, leadership, teamwork and outdoor skills, including navigation, First Aid and field craft. Students develop confidence and learn to be self-sufficient, while committing themselves to engage in activities that are both mentally and physically challenging.

At the weekly training sessions, cadets learn core skills in preparation for field exercises and ceremonial occasions. Experiences in the Cadet Program include the eight-day Annual Field Exercise, Promotion courses which teach the essentials of leadership, management and risk assessment, two Ceremonial Parades to commemorate the Anzacs and the 'Old Guard', the CAS Drill Competition which provides the opportunity to compete annually for the prestigious title of CAS Drill Champions and the CAS Military Skills Competition which is open to Senior Cadets and requires the

use of a variety of skills including signals, navigation, First Aid and field craft.

The Adventure Training Award is open to Senior Cadets who participate in a six-day challenging assessment of physical and mental endurance, field craft, survival skills, teamwork abilities, initiative and leadership.

Every two years, Ravenswood Cadets who commit to the Program from Years 8-12 will have the opportunity to trek the Kokoda Trail in Papua New Guinea.

*For Years 8-12 students*







# Clubs

## Bake and Create

The Bake and Create Program is a unique opportunity for students interested in spending time in the kitchen as well as being creative! In Term 1, participants will learn basic kitchen safety, food preparation, cooking and baking techniques, and piping bag tips and tricks.

*For Years 4-6 and Years 7-9 students*

## STEM Club

The STEM Club runs one lunchtime per week in the Junior School. Club members will have the opportunity to learn and play with different STEM resources such as 3D printing, robotics, LEGO® and coding. Girls can learn independently or work in small teams on projects of their choosing. Girls are also encouraged to share their projects at home and in Junior School Assemblies.

*For Years 2-6 students*

## Code Create

It's never too early to start coding! In Ravenswood's after school coding classes, students will learn a range of programming languages and software from experienced teachers, gaining practical computing skills whilst having fun.

### Term 1 – Learn coding in Minecraft

Fed up with removing blocks one-by-one in Minecraft? Join us as we use programming to learn how to automate actions using functions, loops and engineering to create a Minecraft Robot. Impress your friends by making 1000 chickens spawn from the sky or spawning zombies every 10 seconds.

Skills you will learn:

- understanding coordinate systems
- constructing events, variables and conditionals
- recognising and manipulating Boolean logic
- designing loops and constructing functions
- demonstrating and building computational thinking
- understand program debugging.

*For Years 4-7 students*





## Digital Technologies Club

The Secondary School Digital Technologies Club offers students in Years 7–12 the opportunity to learn and apply digital technology skills to their areas of interest. Students can elect to participate in competitions such as the Young ICT Explorers and the Search for the Next Tech Girl Super Hero, while others work on self-identified projects. Where possible software, hardware and materials are supplied by the school.

*For Years 7–12 students*

## Future Problem Solving

*For Years 5–11 students*

### Global Issue Booklet Program (GIPS)

Students in Years 5 and 6 are invited to participate in the competition while students in Secondary School can nominate themselves.

### Scenario Writing

Each year, four topics are set to study. Students advance their perspective of the future based on one of the topics, developing and submitting a written 1500 word ‘scenario’ in short story format.

### Scenario Performance

Students select one of the four topics that are set each year. This is an individual oral storytelling activity that challenges students to create a story of between 4–5 minutes, set at least 20 years in the future. This is videoed and delivered in one take, without the use of props or aids.

### Community Problem Solving

Students working individually or in a team, apply the six-step problem-solving process to real-life problems that are local, national or international. The top ten percent of teams are invited to compete nationally.

Winners of all three competitions may receive an invitation to attend the International Future Problem Solving Conference.

## Green Team

Ravenswood’s student environmental group was established in 2010. It meets regularly under the guidance of a teacher mentor to discuss, plan and organise initiatives that support environmental sustainability.

Based on the premise that every change starts with one good step, the Green Team’s initiatives provide the School, and wider community, with opportunities to be involved in environmentally sustainable projects. These can be summarised under three main themes: reducing waste, sustainable practices for the future and encouragement of active participation in local, national and international initiatives.

*For Years 1–11 students*

## LEGO® Young Engineers

Bricks Challenge is the foundation Science, Technology, Engineering, and mathematics (STEM) enrichment program. Each lesson begins with the study of a STEM principle through experiments and stories. Students then implement the principle using original and motorised LEGO® models.

The Robo Bricks enrichment program teaches software engineering, technology, entrepreneurship and maths (STEM). During each lesson, students build a robot that moves using coding. Once finished, they can develop and create computer algorithms and learn how to implement code. Students present their project to potential investors (a panel of judges) for critiquing. This program introduces many important professional skills that can be employed in future careers.

*For Years 1–6 students*

## Loving Literacy

Loving Literacy is designed for students who have an enthusiasm to extend their learning through reading and writing activities. Small group classes will allow for girls’ questions to be answered and their interests to be challenged.

*For K–2 students*

## Magical Mathematics

Magical Mathematics is a fun, practical program which teaches students that Mathematics is everywhere and in everything. Students will learn to run their own ‘tuck shop’, to practise counting, understand financial literacy and many more everyday Mathematical concepts.

*For K–2 students*

## Makerspace Club

Students learn the basics of various craft activities and construct items with a different theme each term. Such items include jewellery making, crocheting and knitting, general craft, LEGO® problem-solving etc.

*For Junior School students*

## Minecraft Club

Students learn to use the online game Minecraft and collaborate to create buildings and worlds within a secure online environment. This club provides an opportunity for girls to become more confident using gaming technology in an educational setting.

*For Junior School students*

## Photography Club

Students will learn to capture the moment using different photography skills. Landscapes, portraits and photography in nature will all be explored. No cost, however, students require their own camera.

*For Years 5–6 students*







## Crusaders

Crusaders (CRU) is an inter-denominational Christian fellowship group opportunity within the school. The groups meet once a week and provide an opportunity where students can learn about faith, while supporting and encouraging each other in an atmosphere of fun and friendship. As part of these gatherings there are games, food, fun, support, prayer and learning about God from the Bible and the Christian faith.

Ravenswood offers two CRU groups which meet at lunchtime each week during term:

**Junior CRU:** K-6

**Senior CRU:** Years 7-12

Older students who are interested are invited to meet with others to do leadership training after school. The groups are staff facilitated, with students exercising increasing degrees of leadership in higher Year Groups. All students are welcome to attend. Enrolment is not required. CRU is supported by the Crusader Union, which works with over 100 schools in NSW and publishes resources, organises holiday camps and holds interschool events.







## The Duke of Edinburgh's International Award Scheme

The Duke of Edinburgh's International Award Scheme is an international non-competitive program which inspires students to step out of their comfort zone and discover their potential. The program is available for participants aged between 14-25 years.

The program encourages participants to set and achieve personal goals in community service, skills, fitness and adventure. It is a flexible, interesting and fun-packed way for students to participate in a number of activities over a set length of time. It is entirely voluntary and is structured so that participants can design their own unique program, centred on their interests and passions.

The Duke of Edinburgh's International Award has three levels: Bronze, Silver and Gold. Each level has four sections:

### 1. Physical Recreation:

Improving your physical fitness and wellbeing. This could be through a team sport, individual pursuits or simply getting out and working up a sweat.

### 2. Skill:

Unleashing your talents and broadening your abilities. Learning anything from cultural, artistic, musical, and academic to technical skills.

### 3. Service:

Connecting with your community by giving service. Any area of interest in the community, such as youth work, animals, the environment or charity work.

### 4. Adventurous Journey:

This is the only section that requires the activity to be undertaken in a team. Discover your adventurous spirit in a challenging environment and bond with your friends.

For each section, participants must select an activity that fits within the Section Guidelines and undertake this activity for the minimum amount of time specified. Participants can expect to spend six months completing Bronze and a year or more completing Silver or Gold.

To qualify for a Gold Award, an additional element of a **Residential Project** of at least five days and four nights is included. The aim of the Residential Project is for participants to undertake an experience with a purpose, with people who are not their usual companions, outside of their usual place of residence.

*For Years 8-12 students*



# Living Languages

At Ravenswood, students can experience a range of linguistic and cultural experiences through our curricular and co-curricular Languages Programs across French, German, Spanish, Japanese, Chinese (Mandarin) and Latin. We believe that all students should experience well designed and supported languages activities, both in and beyond the classroom. As an internationally-minded school, Ravenswood believes that the study of languages helps foster global awareness and intercultural understanding.

## Language Conversation Classes

Students from across the School may enrol in Language Conversation Classes in French, German, Japanese, Spanish and Chinese (Mandarin). The classes are led by native speakers who have a sound knowledge of the relevant Languages syllabus and are offered after school or during lunchtime or free periods from Monday to Friday.

The aim of Conversation Classes is to help students gain confidence in their speaking skills and to expand their knowledge and understanding of the target language and its culture. It is also a wonderful opportunity for students to interact with a native speaker and to converse in an authentic environment. The themes covered can vary, depending on the students' interests and abilities, and the course work being covered in their language classes at school. Senior students practice topics related to their syllabus, as they are preparing for their final Higher School Certificate or International Baccalaureate examinations.

Classes will be organised depending on the number of students involved. Students are asked to work with a partner, and to nominate this partner on the application form.

*K-12 students who wish to improve their language skills*







### Diplôme D'études en Langue Française (DELF) Club and Examination Preparation

This program is offered to students who are advanced and independent learners of French, looking for a challenging and exciting way to improve their language skills and knowledge, and who wish to gain a universally recognised, certified level of French. Students who have advanced skills or recognised talent in French are given the opportunity to sit the DELF Junior French examination at the Alliance Française. The diploma awarded for the successful completion of this examination is an official qualification awarded by the French Ministry of Education, to certify the competency of non-French candidates. Students meet once a fortnight at lunchtime. The session can involve independent or teacher-led activities, depending on the needs of the students. Examination sessions are optional but recommended and are conducted in May and October.

*Years 7-12 students who are advanced and independent learners of French*

### Education Perfect

All students who study a language are enrolled in an online interactive language learning and revision program which is focused on the learning of vocabulary and grammar and includes practice activities in all skills, and at all levels. All languages are available and all students who study a language will automatically be entered into the annual Language Perfect G6 and World Championships, which take place each year.

*Years 5-12 Language students*

### Exchange Programs

Language students are given the opportunity to participate in a four week reciprocal Exchange Program with France, Germany and Japan. In the spirit of reciprocity, students host their international 'sisters' in Australia. Exchange and immersion experiences are considered an integral part of Language learning in Secondary School and are highly recommended. We also encourage our students to pursue longer periods of exchange via external exchange programs.

*For Year 10 Language students*

### Other Language Opportunities

- Ravenswood/Knox Grammar School French Immersion to Nouméa
- International Exchange to France, Germany and Japan
- National Latin and Mythology Examinations (Term 1, enrolments in Term 4 of the previous year)
- National Language Examinations (Australian Language Certificate and Chinese Level Examinations)
- Cultural and Linguistic tours to Japan and Europe
- Years 5-10 Chinese Poetry Recital
- Year 7 International Christmas Market (Term 4)
- Year 8 Languages Day (Term 2)
- Year 8 Latin Camp (Term 3)





# Performing Arts

At Ravenswood, students can experience an extensive and dynamic Performing Arts program across Music, Dance, Drama, Speech and Technical Theatre, that encompasses students from K-12. We believe that all students should have the opportunity to be creative and enjoy learning new skills with like-minded peers. A Performing Arts timetable, including full details of each class, can be found in the Co-curricular Enrolments Procedure booklet on the Performing Arts page of the Connect Parent Portal (<https://connect.ravenswood.nsw.edu.au>) or in Performing Arts reception.

Ravenswood conducts a number of performances and productions throughout the year which showcase the outstanding talents and skills of our Performing Arts students. Students will be required to commit to all rehearsals and associated performances. Performances and productions include

- Lunchtime Concerts
- Chapel Services
- Junior School Assemblies
- Music Scholars' Concert
- Years 9-12 Drama Production
- Dance Eisteddfods
- Band Competitions
- Year 11 Drama Production
- Years 3-4 Musical
- Mid and end-of-year K-12 Co-curricular Dance Concert
- Secondary School Musical
- Ravenswood Junior Schools' Dance Showcase
- HSC Drama/Music Showcase
- Year 10 Drama Film Night
- K-12 Music Showcase
- Drama Club Presentations
- Years 7-8 Play
- House Performing Arts Festival
- Year 6 Musical
- K-2 Nativity Play
- Speech Days
- Son et Lumière
- Carols on the Lawn



## MUSICALS

### Years 3-4 Musical

Students in Years 3 and 4 have the opportunity to participate in a musical production in Semester 1. In this co-curricular activity, students audition for a specific role and will work on all aspects of a 30-minute musical production. Rehearsals will be before and after school, culminating in a matinée and evening performance near the end of the semester.

### Year 6 Musical

Students in Year 6 participate in a 'junior' musical production, a one-hour condensed version of a well-known show. This activity is run as a co-curricular activity but also uses the Year 6 Curriculum Choir lesson as a way of including all Year 6 girls in the show. Auditions for lead and supporting roles occur at the end of Semester 1. Before and after school rehearsals will take place in Semester 2, culminating in two evening performances near the end of the semester.

### Secondary School Musical

Students from Years 7-12 have the opportunity to be part of the bi-annual Years 7-12 musical.



## MUSIC

Students have the opportunity to explore music through a range of curricular and co-curricular activities as part of the K-12 Music Program. All ensembles are a free yearly commitment. Ravenswood has a variety of bands, string ensembles and vocal ensembles to cater to all ability levels. Participating in an ensemble allows students to learn new skills, encourages practice, and gives students the confidence to play with other musicians. Being part of an ensemble also gives students the opportunity to socialise with like-minded peers across different Year Groups. All ensembles perform at events such as Assemblies, Lunchtime Concerts and the K-12 Music Showcase. Students will be required to attend a placement audition to be assigned to an appropriate ensemble.

*For K-12 students*

### Bands

#### Training Band

The Training Band caters for beginner players taking free tutorials as part of the Year 4 Band Program.

#### Burrows Band

Burrows Band gives beginning students the confidence to play with other musicians and is the perfect introduction to rehearsing and performing as part of a music ensemble.

#### Morrison Band

Morrison Band builds on prior ensemble skills and explores new repertoire while encouraging students to develop into mature musicians.

#### Symphonic Wind Ensemble

Symphonic Wind Ensemble encourages strong players to hone their skills and polish their performance.

#### Jazz Band

Jazz Ensemble caters for a small ensemble of students excited about jazz repertoire. Its aim is to perform at a high level at special events.

### Strings

#### Year 3 Training String Ensemble

This Training String Ensemble runs in Term 4 for Year 3 girls only and is in addition to the compulsory Year 3 String Program. This ensemble extends the weekly practice and fun rehearsals in preparation for entry to the Holland String Ensemble the following year.

#### Holland String Ensemble

The Holland String Ensemble allows students to extend their new skills into group playing for live performances.

#### Hyde String Ensemble

The Hyde String Ensemble builds prior ensemble skills and explores new repertoire and different styles of playing.

#### Tognetti String Ensemble

The Tognetti String Ensemble builds on prior ensemble skills and explores new repertoire while encouraging students to develop into mature musicians.

#### Grainger String Ensemble

The Grainger String Ensemble encourages strong players to hone their skills and polish their performance.

#### String Quartet

The String Quartet is for students who play at a high level with excellent sight-reading skills. Its aim is to perform at an outstanding level at special events.

### Symphony Orchestra

Students work together as a large ensemble to polish their performances for various performance opportunities.

### Chinese Orchestra

Students who are already skilled at playing Chinese classical instruments rehearse together to polish their performances for various performance opportunities.

### Vocal Ensembles

To participate in the Junior Vocal Ensemble, Middle Vocal Ensemble or Senior Vocal Ensemble students must undergo an audition. Students selected for Middle Vocal Ensemble and Senior Vocal Ensemble are expected to be a member of Ravo Voices. Year 6 students in Junior Vocal Ensemble may elect to join Ravo Voices.

#### Junior Vocal Ensemble

A group of Junior School vocalists exploring new repertoire for various performances.

*For Years 5-6 students*

#### Middle Vocal Ensemble

A group of middle years vocalists exploring new and exciting repertoire for various performances.

*For Years 7-9 students*

#### Senior Vocal Ensemble

A group of senior years vocalists exploring new repertoire for various performances.

*For Years 10-12 students*

#### Ravo Voices

An ensemble of vocalists exploring new, interesting and enjoyable repertoire for various performances. This group builds on the skills required to become a great singer in a large group and encourages vocal confidence, alongside the musical skills required to hold a harmony, blend vocal tone and interpret music to a high standard. No audition is required.

*For Years 6-12 students*



## Music Programs

Music forms an important part of the curriculum and allows students to gain exposure to a variety of instruments and music styles. All Music curriculum classes are free and are based in the Music Studios; families will be responsible for instrument hire costs (\$172.50 per semester).

### Compulsory Years 2 and 3 String Program

Year 2 Strings and Year 3 Strings, including violin, viola and cello. Students try each stringed instrument and choose one to focus on for Years 2-3. The String Orchestra performs at Junior School Assemblies.

### Optional Tutorials

#### Year 4 Band Program

This is an optional program for students who would like to learn a brass, woodwind or percussion instrument in a small group tutorial. Students must also join the Training Band. We are looking for students to learn trombone, tuba and euphonium.

### Vocal Programs

Students learn to sing fun and engaging repertoire with an ensemble of their peers. All Choirs perform at the K-12 Music Showcase and at the end-of-term Chapel services, as well as at other school events.

<b>K-2</b>	Choir
<b>Year 3</b>	Choir
<b>Year 4</b>	Choir
<b>Year 5</b>	Choir
<b>Year 6</b>	Choir

## Private Tuition

Private tuition is open to all students and as far as possible, lessons are timetabled on a rotational basis to minimise disruption to curriculum subjects. Instrument hire is available for a selection of instruments, depending on availability. Private tuition is available for the following instruments:

<b>Keyboard</b>	piano
<b>Strings</b>	violin, viola, cello, double bass
<b>Guitar</b>	acoustic, electric, bass
<b>Woodwind</b>	flute, clarinet, oboe, saxophone, bassoon
<b>Brass</b>	trumpet, euphonium, trombone, French horn, tuba
<b>Percussion</b>	drums, percussion, keyboard percussion
<b>Voice</b>	classical, contemporary, musical theatre
<b>Other</b>	erhu, guzheng
<b>Musicianship</b>	theory studies complementing and enriching practical studies.
<b>Composition</b>	students will learn how to notate their musical ideas and to create original works that will be showcased through the year





## DANCE

Dance at Ravenswood encourages students to be creative risk-taskers, trying new things while developing a wide range of dance skills and techniques. Ravenswood Dance is proud to offer dance classes for every dancer in Kindergarten to Year 12. We have a three-tier program that ensures all dancers can find the right class for them.

### Tier 1: Recreational Dance Classes –

Designed for either the beginner or a dancer who is looking to be in a class that focuses on learning new skills, these classes encourage students to step outside their comfort zone in a fun environment.

Tier 1 classes include:

- Hip hop
- Tap
- Broadway Jazz
- Triple Threat
- Strength and Conditioning
- Ballet
- K-2 Jazz and Ballet
- Acro Dance



### Tier 2: Disciplined Dance Classes –

These classes are designed for dancers who are consistently working to develop their skills in dance and are interested in pushing themselves to the next level. Students in Tier 2 classes must participate in technique classes before enrolments are confirmed. For Year 5 and above, these classes are also divided into levels to ensure dancers are placed in classes appropriate for their current skills and ability. Students are able to move between classes at the teacher's discretion.

Tier 2 classes include:

- Years 3-12 Jazz
- Years 3-12 Lyrical and Contemporary

Technique classes for our Tier 2 classes include:

- Ballet Technique and Ballet Exam
- International Dance Technique
- Strength and Conditioning

### Tier 3: Junior School and Secondary School

**Dance Companies** – Provide an avenue for dancers with a high level of skill, technique and flexibility to perform at a wide variety of events and showcases. The Years 3-12 Dance Companies are audition-only groups and dancers are required to complete a commitment form upon accepting their position in a Company. All rehearsals and performances are compulsory. Participation in a Dance Company requires both parent and dancer commitment for a full year.

There is a requirement that Dance Company participants attend additional technique classes and dance training, in order to sustain the required skills to perform with these groups.

**Please note:** Auditions are advertised through School communications, such as the Weekly Digest.

## STYLES OF DANCE

### Acro Dance

Acro Dance combines dance technique seen in Jazz, Ballet and Contemporary with acrobatic movements. Ravenswood will utilise an Acrobatic Dance syllabus from Australia and abroad to teach students new skills and movements.

### Ballet Technique

Ballet is one of the oldest forms of dance technique. Focusing on posture and poise throughout performance. Students who study Ballet at Ravenswood will be following the RAD Syllabus.

### Ballet Exam

Employing the Royal Academy of Dance syllabus, dancers are invited to take part in yearly Ballet exams. Students must participate in weekly Ballet Technique classes to be eligible to sit the exam.

### Broadway Jazz

This is a fun, upbeat class that provides dancers with the technique and training required to perform some of the most famous Broadway dances from a variety of musicals.

### Commercial Jazz

This style of dance is offered to Years 9-12 dancers. Combining Hip Hop and Jazz, this style is fast and energetic.

### Contemporary and Lyrical

Both Contemporary and Lyrical employ unique music where the use of floor work is encouraged. These styles of dance grew in popularity with television shows such as So You Think You Can Dance.

### Hip Hop

Hip Hop has a strong link with music, with artists such as Beyonce and Justin Timberlake employing this style of dance in their music video or live performances. Hip Hop at Ravenswood is strong and age appropriate.

### International Dance Technique (IDT)

IDT is designed to develop plyometric agility, strength, fitness, flexibility and strong jazz technique in dancers of all ages and abilities. It includes progressive stretch exercises with emphasis on square splits and safe dance practice. This Dance class is compulsory for dancers wanting to participate in a Jazz or Contemporary/Lyrical dance class.

### Jazz

Jazz is a high energy and up beat style of dance. It is often seen in television advertisements and in Musical Theatre.

### Triple Threat

This class allows students to work on the skills of singing, dancing and acting. Students explore a range of Musical Theatre, Pop Culture and Theatre while developing these skills.

### Strength and Conditioning

This class combines Yoga and Pilates techniques to help improve a student's flexibility and strength. These skills are necessary for all styles of dance and will assist a student's overall physical wellbeing.

### Tap

Students will explore a wide range of Tap styles from slow to fast Tap. Tap shoes are required for these classes.



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## DRAMA

The Drama Co-curricular Program provides creative and unique opportunities for students to develop confidence, self-awareness and appreciation of their social contexts. Drama promotes active engagement with the stories of others and encourages empathy and understanding. Students can join a drama club, participate in Theatresports®, and/or audition for a stage play. (Drama is also a curriculum subject in Years 5–6 and an elective subject in the Secondary School.)

*For K–12 students*

### Drama Clubs

Drama Club is an activity that seeks to encourage a student's interest in the dramatic arts through a practical approach and group participation. Students are encouraged to be creative and imaginative in a supportive environment and perform in areas of improvisation, scene and script work. Drama Club focuses on group collaboration between participants. Each semester, students will participate in a short presentation, which will be presented to family and friends.

- K–2 Drama Club
- Years 3–4 Drama Club
- Year 5 Drama Club
- Year 6 Drama Club
- Years 7–10 Theatresports®

### Years 9–12 Drama Production

The Years 9–12 Drama Production is staged in the Carolyn Trotter Studio. Entry is by audition only.

*For Years 9–12 students*

## Drama Program

### K–2 Drama Club

The K–2 Drama Club focuses on students learning the basics of drama through imagination, exercises, character building, drama games and storytelling. Students will focus on team building and creating short scenes.

*For K–2 students*

### Years 3–4 Drama Club

Students are encouraged to explore roleplaying techniques that build confidence and culminate in a final presentation for an audience.

*For Years 3–4 students*

### Year 5 and Year 6 Drama Club

Students learn how to bring characters to life on stage in a supportive environment. Each semester, students participate in a Drama Club presentation for family and friends.

*For Years 5–6 students*

## Theatresports®

Theatresports® offers an exciting creative opportunity for students to build confidence and teamwork, and to develop skills in performance. Students work together in a supportive environment to create characters, and to learn how to build dramatic narrative in a variety of imagined scenarios. Students don't need to have prior experience in Theatresports® or performance, all that's required is an open mind and a fun-loving attitude. Each semester, students participate in a Theatresports® presentation for family and friends.

*For Years 7–10 students*





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## TECHNICAL THEATRE

### Girls in Black

Students have the opportunity to join the Girls in Black (GIB) technical team, which supports the Performing Arts Department by providing technical services for productions and events throughout the year in the Carolyn Trotter Studio, the Lorraine Smith Auditorium and other small venues. GIB learn a broad range of theatrical production techniques, giving them core skills in lighting, sound and stage management. This is excellent preparation for the VET Entertainment Industry Course, a possible path of future study. A commitment to productions is required, which often fall outside school hours. The GIB team has a united sense of responsibility, teamwork and satisfaction.

*For Years 7-12 students*

### Front of House Team

Students have the opportunity to join the Front of House (FOH) Team at Ravenswood. This team staffs Ravenswood events and is responsible for ticketing, greeting patrons, checking tickets and showing patrons to seats. The FOH team is onsite throughout the event. No previous experience is required. Team members are provided with a Ravenswood FOH waistcoat and torch and receive free admission to the event at which they work. Training is provided.

*For Years 5-12 students*

### Film Club

To facilitate students in Years 7-12 who are interested in producing their own short films. Some weekend commitments are required to complete filming tasks and students may need to be transported to and from locations as needed. This club offers possible entry to various short film-making competitions and culminates in an end of year screening.

*For Years 7-12 students*





# Sport

At Ravenswood, our philosophy is to promote physical activity to all students and provide opportunities for participation at all levels of skill. Being involved in sport promotes both physical and mental wellbeing, builds confidence, encourages teamwork and helps facilitate friendships outside of the classroom.

Ravenswood offers lessons in the following curriculum-related sports:

- Athletics
- Cross Country
- Artistic Gymnastics
- Rhythmic Gymnastics
- Diving
- Strength and Conditioning Centre
- Swimming
- Golf
- Tennis

## ATHLETICS

The Athletics program is highly recommended for Ravenswood students to improve their overall athletic ability for all sports. Sessions are available for students of all skill levels and are held year round. Separate sessions are conducted for sprints, hurdles, middle distance, jumps and throws, with experienced and specialised coaches. Students can attend for their specific event or can try a variety of events.

*For Years 2–12 students*



## CROSS COUNTRY

This program is open to Ravenswood students and is led by experienced coaches who manage differing abilities effectively. In the Junior School, Ravenswood holds a Run4Fun program as well as specific Cross Country training. Ravo Run Club begins in the Secondary School and caters for students of all abilities. These training sessions run throughout the whole year.

*For Years 2–12 students*

## DIVING

Diving sessions are available throughout the school year and cater for beginners through to competition level. The school's indoor heated pool is equipped with one-metre and three-metre diving boards. Students are taught the basics of diving at their own pace in a fun and relaxed atmosphere. Once they reach a competitive standard, the students are given the opportunity to represent their House at the Ravenswood Diving Carnival, their school at IGSSA or IPSHA level, and their club at NSW interclub competitions. Diving runs as a term activity and is subject to minimum and maximum numbers.

*For Years 2–12*

## GOLF

Golf lessons are available throughout the school year and cater for students from beginners through to competition level. Group lessons in clinic format are conducted at Killara Golf Club by trained professionals and all equipment is provided. Students are taught the basics of golf at their own pace in a fun and relaxed atmosphere. Once they reach a competitive standard, the students are provided the opportunity to join the club and other interschool competitions. Golf runs as a term activity. Please note that school transport is not arranged for this activity and parents will need to make arrangements for their daughter to get to and from the course.

*For Years 7–12 students*

## GYMNASTICS - ARTISTIC

The Artistic Gymnastics Program is open to all Ravenswood students from K–12 and caters for all abilities.

Artistic Gymnastics students compete at State Championships, IPSHA and IGSSA competitions. The team of Artistic Gymnastic coaches are Gymnastics Australia qualified.

Recreational classes are for students who want to have fun learning Gymnastics. Squad classes are for dedicated athletes who will commit four-plus hours per week to perfect routines in preparation for school competitions and State Championships.



Potential squad athletes must be assessed by the Head Coach. If you are not sure which class is suitable for your daughter an assessment can be arranged. Gymnastics increases strength, flexibility and cardiovascular fitness. It teaches children overall body management skills, which can help improve posture, balance, spatial awareness and coordination.

*For K-12 students*

#### **Mini Recreation**

The Mini Recreation class is an hour of fun, fitness and fundamentals. Students will work on developing gross motor skills and learn basic gymnastics.

*For K-2 students*

#### **Junior Recreation**

Junior Recreation classes are offered to those students who have a basic knowledge of gymnastics and have developed basic skills. Students will be introduced to a warm-up format which will improve coordination, strength and flexibility. Most apparatus is used in each class.

*For Years 3-6 students*

#### **Senior Recreation**

The Senior Recreation Program is for students who have been involved in gymnastics through Junior School and want to continue learning skills. This class focuses on core strength, fitness and flexibility while having fun. Students will generally use all apparatus in each lesson.

*For Years 6-12 students*

### **Development Squad**

Development Squad members will be selected by the Head Coach to join our competitive program, which is at an introductory level. Development Squad members focus on body preparation strength, flexibility and perfection of basic skills. Students in the Development Squad will be considered for selection to represent Ravenswood at regional events at a non-competitive level, State Championships and IPSHA.

*For Years 2-3 students*

### **ALP (Australian Levels Program) Green, Pink, Purple and Gold Squads**

Our squad gymnasts will be grouped by the Head Coach according to age, level and ability. All lessons will include strength, dance and flexibility. All athletes will work on skills that are progressive and follow the National Levels Program. The girls will compete in NSW GYM Competitions with the opportunity to be selected to compete at the NSW State Championships, IPSHA and IGSSA events. Gymnasts will compete in team and invitational events throughout the season, and there will be additional costs associated with competing in some competitions. Squad athletes will be required to attend training camps and holiday training which will be advertised separately. All gymnasts must be assessed before being accepted into Squad classes. An assessment can be arranged by contacting the Head Coach. Training commitments for the ALP are 7-14.75 hours per week, at the coaches' discretion, competition level and squad.

*Students assessed for entry into program*

### **GYMNASTICS - RHYTHMIC**

The Ravenswood Rhythmic Gymnastics Program is a leading Program in NSW, routinely awarded NSW Club of the Year. Classes are open to students from Ravenswood in skill levels from recreational through to elite and are conducted five days per week. Training involves a variety of activities including stretching, dance movements, Ballet, acrobatics, skipping and circuits. The program, managed by Sydney 2000 Olympian Danielle Le Ray, has excelled in all areas with individuals achieving outstanding results at all levels including IPSHA, IGSSA, state, national and international competitions. All coaches are Gymnastics Australia qualified.

*For K-12 students*

### **KINDERGARTEN TO YEAR 2 SPORT PROGRAM**

We are excited to offer a skills-based program with the emphasis on enjoyment, sportsmanship and participation for all students, development of their skills and an introduction to games and different sports. Parents have the option to sign up on a semester basis.

### **SWIMMING**

The Ravenswood Swimming Program caters for swimmers from the beginner to elite level, for both children and adults. The Program is open to Ravenswood students, their siblings and other members of the community who wish to participate in swimming lessons. Ravenswood students are given priority.

#### **Swimming Coaches and Teaching Staff**

Mitchell Falvey is the Head Coach of the Ravenswood Swimming Program and Club and is ASCTA Gold Performance Licence accredited. He is supported by Leanne Thompson; an ASCTA Advanced Silver Licence accredited coach and they have many years of experience in the sport as swimmers and coaches. Emma Shaw is the Assistant Coach and Aquatic Administrator. Emma holds an ASCTA Bronze Development Coaching Licence. All swimming staff hold Austswim or Swim Australia qualifications.

*For K-12 students and members of the public 4-18 years*

#### **Swimming Classes**

##### **Learn to Swim Program**

The Learn to Swim Program caters for children from four years of age who require swimming lessons. Intensive lessons are also held over the school holiday periods. Class numbers are kept to four swimmers allowing greater teacher to student interaction.



**Level 1 Penguins**

Skills taught are general water confidence and movement, air exchange and floating, progressing to correct kicking technique and independent freestyle arms, backstroke arms, forward rolls and dives from the side of the pool.

**Level 2 Seals**

Skills taught are bi-lateral freestyle technique, backstroke technique, breaststroke arms and legs, forward roll, dolphin kick and dives from the raised ledge.

**Level 3 Dolphins**

Skills taught are freestyle, backstroke, breaststroke technique, butterfly arms and kick, and forward roll (for tumble turns) dives from the blocks.

**Stroke Development**

The Stroke Development Program caters for swimmers across three different levels. The program begins with basic stroke correction and fundamental swimming skills across all four strokes, progressing to racing techniques and squad style training.

*For ages 7-18 years, skill-based*

**Level 4 Snappers**

This level increases swimmers' endurance. Stroke correction for freestyle, backstroke, breaststroke and butterfly, fine tuning tumble turns and dives.

**Level 5 Sharks**

This level builds upon swimming speed and fitness, as well as racing techniques, such as turns and dives. Swimmers in this level must be able to achieve certain target times in all strokes before progressing to squad level.

**Level 6 Teen Squad**

This squad builds upon technical development, fitness and speed without a focus on competition. It is suitable for all students in Years 7-12 seeking swimming for general fitness.

**Squad Training**

Squad Training is for the advanced Junior and Secondary School swimmers wishing to compete in school or club competitions. Sessions vary in length and most include 15 minutes of dry-land exercise before entering the water.

*For ages 8-18 years, skill-based*

<b>Bronze Squad</b>	Years 3-7 members of Ravenswood Swimming Club and competitors at area, metropolitan or state championships
<b>Blue Squad</b>	Years 7-12 members of the IGSSA Swimming Squad or Ravenswood Swimming Club competing at an area level only
<b>Silver Squad</b>	Age 11 and over members of Ravenswood Swimming Club and competitors at area, metropolitan, state or national championships
<b>Gold Squad</b>	Age 14 and over members of the Ravenswood Swimming Club and competitors at area, metropolitan, state or national championships

**Ravenswood Swimming Club**

The Ravenswood Swimming Club allows swimmers to compete at NSW and Australian Swimming sanctioned competition providing club members with the opportunity to represent the club at area, metropolitan, state, national and international level. Club races are held on Wednesday evenings on a monthly basis during school term. Races start from 25m for beginners to 400m for more advanced swimmers. To join the Ravenswood Swimming Club please visit **[ravenswoodswimclub.com.au](http://ravenswoodswimclub.com.au)** for more information.

**STRENGTH AND  
CONDITIONING CENTRE**

The Ravenswood Strength and Conditioning Centre (SCC) is a training facility within the school. The SCC is available for use by all Ravenswood Secondary School students, is free of charge and is open every weekday morning and afternoon (excluding Friday afternoons). Students are able to participate in classes which run daily, complete their own workouts or have tailored programs written for them. The SCC is always supervised by a qualified strength and conditioning coach.

*For Years 7-12 students*

**TENNIS**

Tennis coaching is available exclusively to all current Ravenswood students. The Tennis Program caters for all levels of ability. Lessons are available throughout the year and are conducted on the school courts. The program is conducted on a term-by-term basis.

*For K-12 students*

**Tennis Hot Shots**

Tennis Hot Shots is suitable for Junior School students. Smaller courts, lighter racquets and low-compression balls that do not bounce too high make learning tennis fun. This means that students are able to start rallying and having fun right from their first lesson. There are three stages – Red, Orange and Green – that help to develop students skills and confidence.

*For K-6 students*

**Development Squads**

An opportunity for emerging players from the Junior and Secondary Schools to develop skills in a squad environment. The program is designed with the tactical, technical, physical and mental areas of tennis training for young and enthusiastic players.





# Visual Arts

Ravenswood offers students a range of specialist Visual Arts classes for students to do work outside of the Visual Arts curriculum. Our students are encouraged from a young age to engage in creative problem-solving, conceptual thinking and self-expression. They are supported by a curriculum which focuses on strong technical skill development and critical investigation. Visual Arts students are extended on an individual basis and also have the option of after school specialist classes or working in studios with their teachers. Students are taught by Visual Arts teachers who have deep understanding of traditional and contemporary practice. Our teachers are outstanding practitioners in their own right, with a rich understanding of art practice.

## Visual Arts for Junior School

This course is designed especially for Junior School students who love art and making creative objects. Each student will develop ideas for a range of artworks which will explore different themes each semester. Beginning with ceramics, the students will complete a sculpture. They will learn techniques in how to join clay, how to create textures and apply colour to their finished model. There will also be opportunities for 2D work in the form of drawing and/or painting. This course is tailored specifically for Junior School students and will enable them to have fun, gain confidence and learn skills.

*For Years 3–6 students*

## Junior School Ceramics

Junior School ceramics introduces students to the fundamentals of clay and art making materials. This fun and creative class teaches students how to hand-build ceramic sculptures using various methods and techniques. Through manipulating clay, girls can express their thoughts and ideas as they mould the clay to take on the form of their imagination.

*For Years 3–6 students*

## Ceramics – Secondary School

Ceramics is a special interest subject that provides practical skills in a variety of ceramic techniques for students. Students learn coil building, slab construction and slip casting, as well as surface treatments and glazing. It is a relaxed and casual environment where creativity and imagination can be explored and developed through the exploration of ideas, and the practical problem solving that working with clay provides.

*For Years 7–12 students*

## Painting – Secondary School

Learn how to paint expressively as you build your knowledge of colour, composition and form. This session will introduce students to the fundamentals of colour mixing and paint application to achieve figurative paintings of varying subject matter. Learn how to handle paint, further your skills and build your confidence.

*For Years 7–9 students*



Emily Chang, Year 10 2019



## Landscape Oil Painting – Secondary School

Discover the techniques of oils through landscape and portrait painting. This fun class introduces students to the fundamentals of colour mixing, surface preparation and oil mixing methods. Inspired by Australian impressionists, students will learn how to paint en plein air to develop a series of panel paintings in the first semester and continue with portrait painting in the second semester.

*For Years 10-12 students*

## Drawing – Secondary School

The Drawing class focuses on the basics of representational drawing and the development of draughting skills through studying still life compositions and natural forms. Students use a wide variety of media including charcoal, pen, pencil, pastels and ink.

*For Years 7-12 students*

## Drawing and Technology – Secondary School

Students will learn traditional drawing skills and techniques as well as exploring Adobe Illustrator to develop ideas. Opportunities also exist to utilise the laser cutter in fine art practice as well as more functional operations such as fonts, building and design. Examples of this include artworks, stencils, keyrings, toys and paper cutting for cards.

*For Years 7-12 students*

## Darkroom Photography – Secondary School

In these classes, students learn how to operate an SLR film camera. They are introduced to wet black and white film processing, developing and printing, which will incorporate a range of experimental techniques and they also participate in a studio lighting workshop. Throughout the course, students are encouraged to develop areas of personal interest through self-directed projects.

*For Years 7-12 students*

## Other Opportunities

Students who enrol in After School Art Classes are encouraged to, and supported in, submitting their work to both internal and external exhibitions throughout the year. Students are invited to submit works to the Head On Photo Festival, the Elgas Kids Art Prize, the Sydney Royal Easter Show, the Mosman Art Award, the Moran Student Photographic Prize, the Young Archies, the Junior School Visual Arts Exhibition and the Years 7-11 Visual Arts Exhibition.



Mia Fryar, Year 6 2020 jnr school art



Jasmine Chan, Year 11 2019 ceramics





# Voice

## DEBATING

Debating is a dynamic co-curricular program that offers students the opportunity to develop confident public speaking skills, as members of a cohesive team. At Ravenswood, each student is encouraged to discover and exercise her voice, and Debating is a collaborative activity that develops this valuable life skill.

Supported by experienced coaches, students learn how to present and counter persuasive perspectives using structured, evidence-based arguments. Students build knowledge of local and global issues as they become familiar with varying topics from current affairs, to environmental, social and moral issues. Each week the standard of analysis and research improves, as students' exposure to new material grows.

Debating training is typically held once a week before or after school. All debaters in the team are given the opportunity to grow and develop throughout the season. Students learn quickly the art of debating their opinions in a systematic, well researched and respectful way. Rebuttals and clear examples to substantiate claims all contribute to the camaraderie within teams and the Debating community. Debating at Ravenswood provides students with the opportunity to network and socialise, through meeting girls and boys from various schools throughout the year.



## Competitions

Debaters in Secondary School participate in two prestigious interschool competitions: the Independent Schools Debating Association Competition (ISDA) and the Archdale Debating Competition. Ravenswood has a proud tradition of success in Debating, with teams reaching finals levels in these competitions over many years. Students have also been selected to represent Australia at the World Individual Debating and Public Speaking Championships. Competitions are held on Tuesday and Friday nights at various venues around Sydney.

## In-School Debating

For students who wish to develop their skills in a less competitive environment, Ravenswood's BRAVO program provides Years 7-8 students with experienced coaching in matter and manner, and the opportunity for internal practice debates, allowing students to gain experience and confidence. Students also have the opportunity to participate in the annual House Debating Competition. This event is hotly contested and instils a strong sense of pride, teamwork and School spirit in the students.

For Years 5-12.

## SPEECH COMMUNICATION

Students have the opportunity to participate in an enriching and exciting program that develops confident, effective and expressive communication skills. This exciting and fun program enhances classroom learning as it embraces all subjects in the curriculum.

Professional speech and presentation skills are taught in line with the academic outcomes, using the Australian Speech Communication Association's (ASCA) graded syllabus. An external examiner assesses student presentations in front of a small audience annually. Classes address voice and diction, interpretation of prose, poetry and drama, the professional delivery of informative and persuasive speeches and how to chair a discussion. The memory of extracts from literature and public speeches is used to enhance communication and instill self-confidence.

Students may enter a number of public speaking competitions in the Secondary School and trial to be in the Australian Individual Debating and Public Speaking (AIDPSC) team that competes nationally. Rostrum, Lions' Club and Plain English speaking are other competitions in which Ravenswood has excelled.

Students work towards the accreditation of CertComm (ASCA) and DipComm (ASCA) which qualifies for two credit points in the University's Elite Performer's Application. There are 30 lessons per year. Students in Year 12 may elect to qualify for the Public Teacher accreditation after completion of the Diploma of Communication, which is recognised by all professional organisations.

Effective communication is the key that unlocks potential and enables a confident and positive contribution to the student's journey.

*For K-12 students*





## After School Care

Ravenswood offers an After School Care Program for Junior School girls. The program is organised and conducted by the Out of School Hours Club (OSHClub) and operates from 3.00pm–6.00pm Monday to Friday during school term. The seamless transition from the end of the school day to After School Care ensures students receive the best possible care. The OSHClub's team of trained, police-checked and first aid/anaphylaxis-qualified staff are there to provide your daughter with a safe, happy and caring after-school environment.

Located at the school in Annesley House, OSHClub's program is designed for each individual girl and supports a structured

afternoon tea, homework, activities and free play. The structured activities teach a variety of skills based on the core principles of Play, Discover, Engage and Share, while free play gives students opportunities to relax and play with their friends.

Those attending co-curricular activities are escorted by OSHClub staff to and from their designated activity. Registration and bookings for permanent or casual places are made online via the OSHClub website [www.oshclub.com.au/oshclub.html](http://www.oshclub.com.au/oshclub.html), with Child Care Benefit (CCB) and 50% Child Care Rebate (CCR) government rebates linked to the payment system.

*For K-6 students*

## Holiday Care Program

The Ravenswood Holiday Care Program provides professional holiday care for Ravenswood Junior School students from ages 5–12 and their siblings. The program is available through the OSHClub, Monday to Friday from 7.30am–6.00pm during school holidays.

Located at the school in Annesley House, the program is jam-packed with exciting, fun and diverse activities and excursions, ranging from flying kites to talent shows.

The key to the ongoing success and popularity of the program is that students have fun and make new friends in a happy and safe environment, supervised by highly trained and professional staff. Booking is completed online, via the OSHClub website at [oshclub.com.au/oshclub.html](http://oshclub.com.au/oshclub.html).

*For K-6 students and ages 5–12 years siblings*



# Schedule and Enrolment Procedures

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All schedule and pricing information can be found via the “Jaro” online enrolments system.

# Contact Information

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10 Henry Street, Gordon NSW 2072

**Ph:** +61 2 9498 9898

**E:** [co-curricular@ravenswood.nsw.edu.au](mailto:co-curricular@ravenswood.nsw.edu.au)

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# Ravenswood

**RAVENSWOOD SCHOOL FOR GIRLS**

A Uniting Church School K-12,

Boarding from Year 7

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